

1

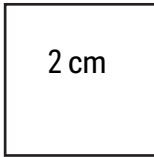
A

2

B



1 inch



2 cm

test squares
(test your printer)

Seam allowances are included in this pattern

Print at "actual size" or "100%".
Do not scale.
Print orientation : Auto

To ensure accuracy open the pattern
with Adobe Reader.
Free download at www.adobe.com/reader

Top

A

School Lunch Box

Upper front exterior
Cut 1x exterior fabric
www.yoansewingstudio.com

Top

School Lunch Box

Lower front exterior
Cut 1x exterior fabric
www.yoansewingstudio.com

B

3

School Lunch Box

Main Body

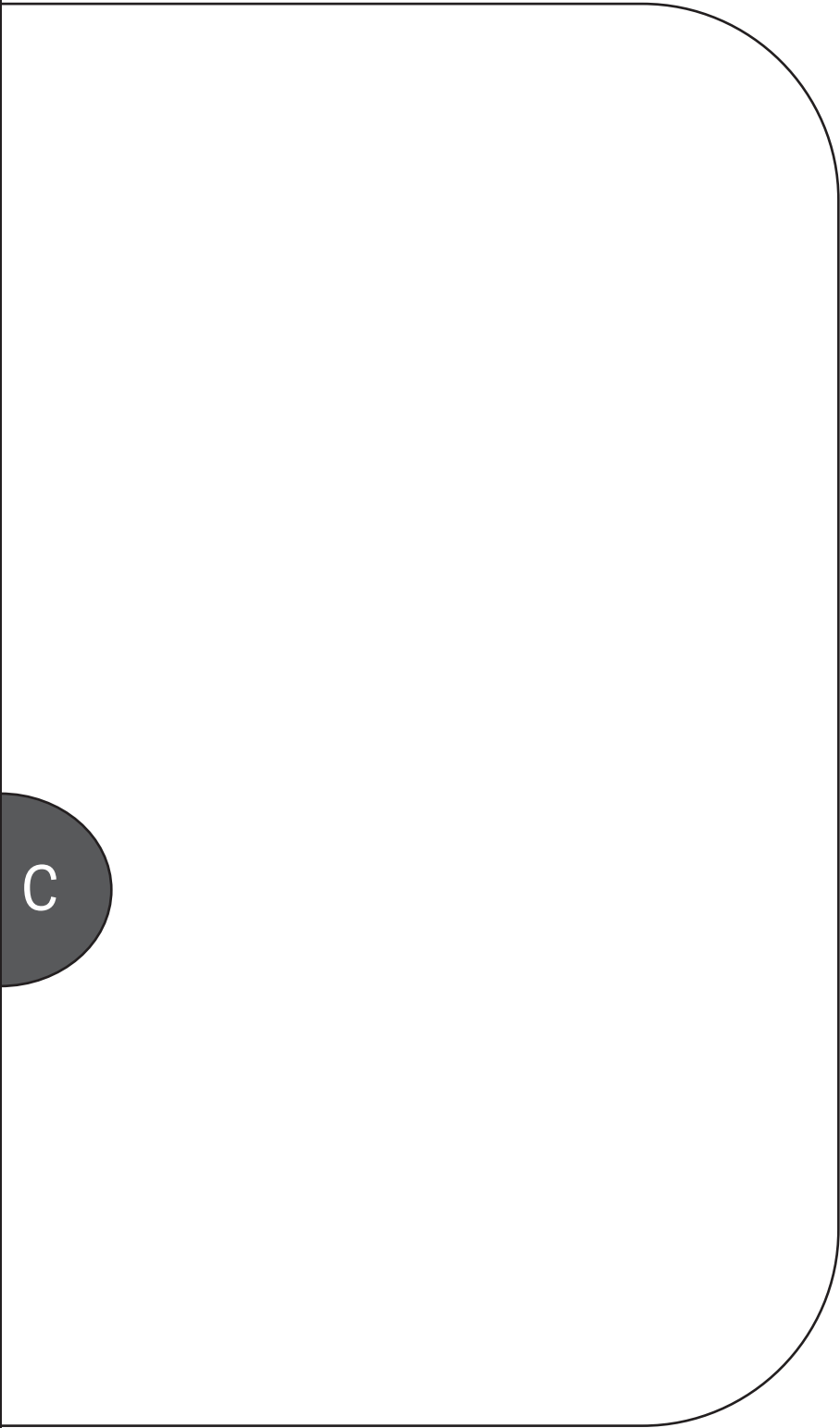
Cut 1x exterior fabric

Cut 2x lining fabric

Cut 2x insulated batting

www.yoansewingstudio.com

C



4

School Lunch Box

Upper interior mesh pocket

Cut 1x mesh fabric

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D

5

School Lunch Box

Lower interior mesh pocket

Cut 1x mesh fabric

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E

Top

D

Top

E

6

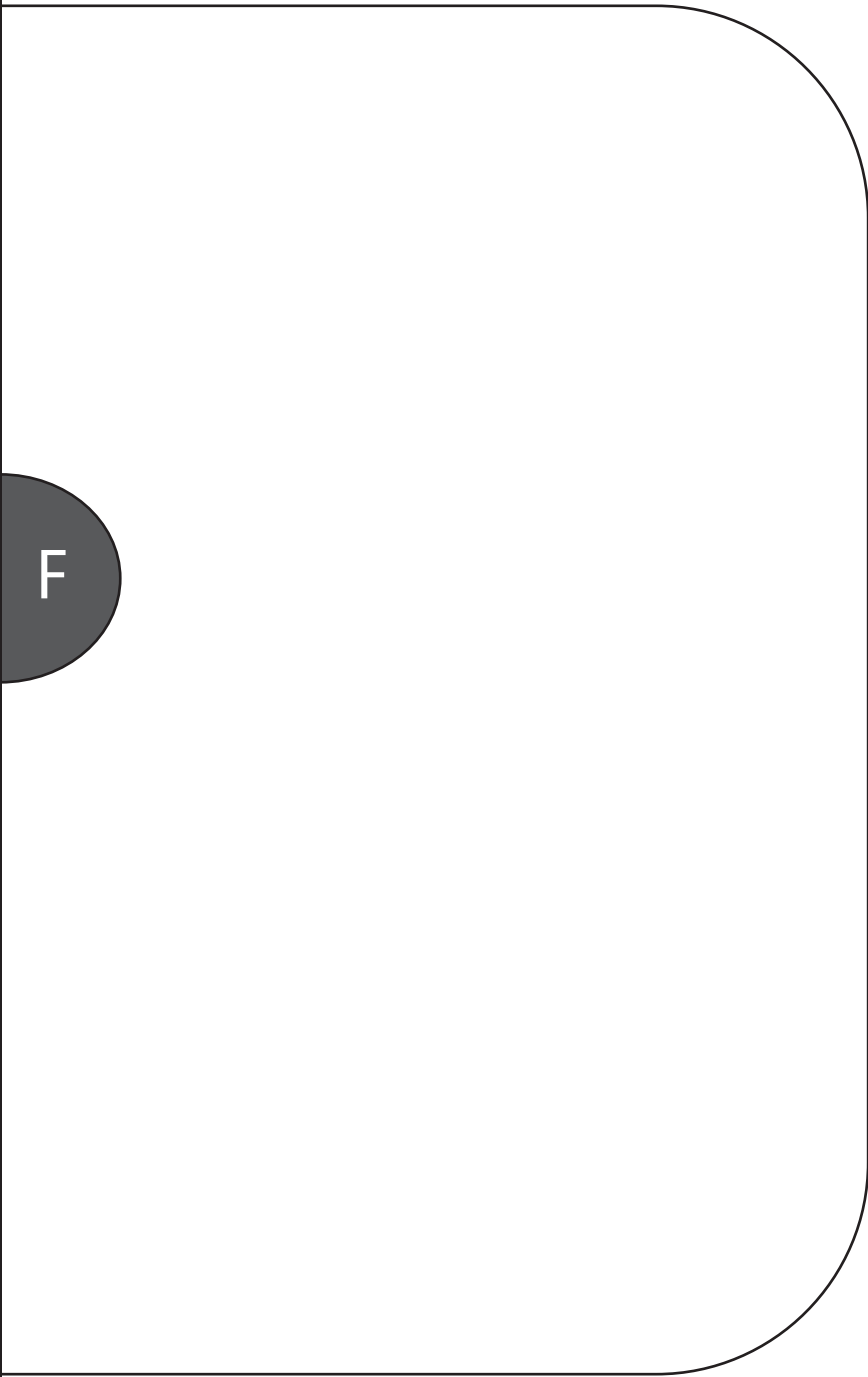
School Lunch Box

Stabilizer

Cut 1x foam stabilizer

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F



School Lunch Box Project - Supplies and tools

Fabric	58" (148 cm) wide	44" (112 cm) wide
Exterior	1/3 yard (30.5cm)	1/3 yard (30.5cm)
Lining	1/3 yard (30.5cm)	1/2 yard (34.3cm)
Mesh Fabric	11" x 9" (28cm x 23cm)	

-The yardage requirements are estimated. More fabric may be needed if using directional print.

-Suggested fabric choice (exterior): canvas (all types)

-Suggested fabric choice (lining): PUL fabric, nylon ripstop.

Stabilizer and interfacing

- 1/3 yard insulated batting (45" wide) <https://amzn.to/4d1Hj7v>
- 8" x 13" (20.5 x 33) double sided fusible foam stabilizer <https://amzn.to/4eievcf>

Zipper

- Double pull nylon coil zipper at least 27" (68.5cm) long; #5 or #4.5; 1 1/4" (32mm) wide
- 10 1/4" (26cm) long nylon coil zipper; #5 or #4.5; 1 1/4" (32mm) wide (for the front exterior pocket)
- Nylon coil zipper at least 11" (28cm) long; #5 or #4.5; 1 1/4" (32mm) wide (for the interior mesh pocket)

Other

- 1/8" basting tape
- Polyester thread

Tools

- Sewing machine, basic sewing notions, zipper foot,
- Clear ruler, rotary cutter or fabric scissors, disappearing fabric marker
- Pattern weights, sewing machine needle size 90/14 & 100/16, hand sewing needle.

Finished lunch box measurements:
9 1/2" wide x 7 1/2" tall x 3 1/2" deep
(24 x 19 x 9 cm)

Designed by: Yoan Zivkovic
Skill Level: Intermediate

Features

Front Exterior Zipper Pocket
Open wide zipper closure
Interior mesh zipper pocket

Watch the full video tutorial
<https://youtu.be/DFUCrREdDrQ>

Seam allowances are 1/4" (6mm) unless otherwise stated, and are included in the pattern.

To ensure accuracy open the pattern with Adobe Reader.
Free download at www.adobe.com/reader

NOTES

- Pay close attention to the pattern pieces labeled with **"Top"**. Mark the **"Top"** of the fabric after cutting.
- If your fabric has directional print, do assessment before cutting to achieve the desired look.
- Watch the full instructions in the video tutorial <https://youtu.be/DFUCrREdDrQ>
- Share the pictures of your finished project on instagram #yoansewingstudio

School Lunch Box Project

~Cutting Instructions~

Following the below chart, cut your fabric, stabilizer, and batting/stabilizer accordingly.

Name	Exterior Fabric	Lining Fabric	Batting/ Stabilizer
Front Exterior - Upper	Cut (1) - Pattern 1		
Front Exterior - Lower	Cut (1) - Pattern 2		
Front Exterior - Zipper pocket		Cut (1) 10 1/4" w x 12" h (26 x 30.5 cm)	
Zipper Tabs	Cut (2) 2 1/2" w x 1 1/4" (6.5 x 3.2 cm)		
Front Exterior - Batting			Cut (1) - Insulated batting Pattern 3
Back Exterior	Cut (1) - Pattern 3		Cut (1) foam stabilizer Pattern 6 Cut (1) insulated batting Pattern 3
Front & Back Interior		Cut (2) - Pattern 3	
Zipper Gusset	Cut (1) 4 1/4" w x 26" (11 x 66 cm)	Cut (1) 4 1/4" w x 26" (11 x 66 cm)	Cut (1) Insulated Batting 3 1/4" w x 25" (8 x 63.5 cm)
Handle	Cut (1) 4" w x 9" (10 x 23 cm)		
Bottom Gusset	Cut (1) 4 1/2" w x 7 1/2" (11.5 x 19 cm)	Cut (1) 4 1/2" w x 7 1/2" (11.5 x 19 cm)	Cut (1) each insulated batting & foam stabilizer 3 1/2" w x 6 1/2" (9 x 16.5 cm)
Binding Strips		Cut (2) 1" w x 38" (2.5 x 97 cm)	
Front interior mesh pocket	Cut 1x mesh fabric, Pattern 4 Cut 1x mesh fabric, Pattern 5		

Brief Directions

Seam allowances are 1/4" (6mm) unless otherwise stated.

Please watch the [Full Video Tutorial](#) along side the below instructions for thorough demonstration, and to avoid any confusion.

Exterior

1. Sew the front exterior zipper pocket
2. Pin the insulated batting on the wrong side of the front exterior panel, baste stitch with 1/8" (3mm) seam allowance.
3. Layer the back exterior panel - foam stabilizer (centered) - insulated batting, fuse according the manufacturer's instruction.
Quilt as desired.

Interior

4. Sew the mesh zipper pocket.
5. Pin the mesh zipper pocket panel on the right side of the front interior panel, baste stitch with 1/8" (3mm) seam allowance

Zipper Gusset

6. Pin the insulated batting to the wrong side of the zipper gusset panel (centered), quilt as desired.
7. Attach the zipper.
8. Trim off the fabric side so that the zipper gusset will measure $4\frac{1}{2}$ " (11.5cm) wide.
9. Trim off any excess zipper

Bottom gusset

10. Layer the bottom gusset exterior - foam stabilizer (centered) - insulated batting (centered), fuse according the manufacturer's instruction.
Quilt as desired.
11. Join the bottom gusset panels to the zipper gusset. Now we're going to call this the *gusset panel*.

Assembly, Finish

12. With the wrong sides facing, sew the front exterior panel and the front interior panel with $\frac{1}{8}$ " (3mm) seam allowance.
13. With the wrong sides facing, sew the back exterior panel and the back interior panel with $\frac{1}{8}$ " (3mm) seam allowance.
14. With the right sides facing, sew the front side of the gusset to the front panel.
15. With the right sides facing, sew the back side of the gusset to the back panel (make sure to unzip the zipper)
16. Bind the raw edges to finish.

watch the video tutorial
<https://youtu.be/DFUCrREdDrQ>

Terms of use : You may sell the lunch box that you make with this pattern. Permission to sell is given for small scale home based handmade business.

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