

Square in a Square Pillow and Table Runner Pattern

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Supplies

For The Patchwork:

40 pcs of Charm Pack (5" squares)

For The Pillow :

18" x 18" pillow insert <https://amzn.to/2ZoV1xu>

1/3 Yard cotton quilting fabric (or 1 fat Quarter) for the back piece

20" x 20" Batting <https://amzn.to/3eQaddO>

20" x 20" Backing Fabric

1 all purpose zipper at least 18" long (1" wide) <https://amzn.to/31oQDRX>

For the table runner :

1/3 yard background fabric (white or off white color recommended)

17" x 32" batting

17" x 32" backing fabric

3x binding strips

Basic sewing and quilting notions

Seam allowances are 1/4" unless otherwise stated.

Finished Pillow measurements : Approx. 17" x 17"

Finished Table Runner measurements : Approx. 15" x 30"

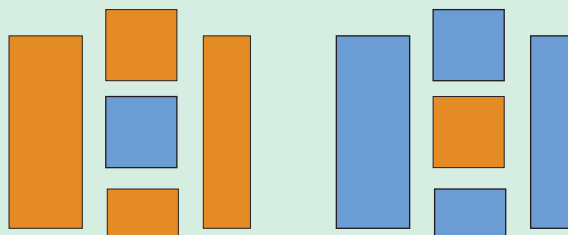
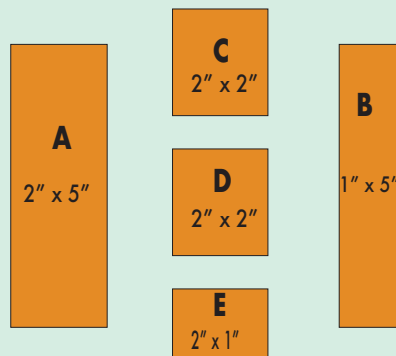
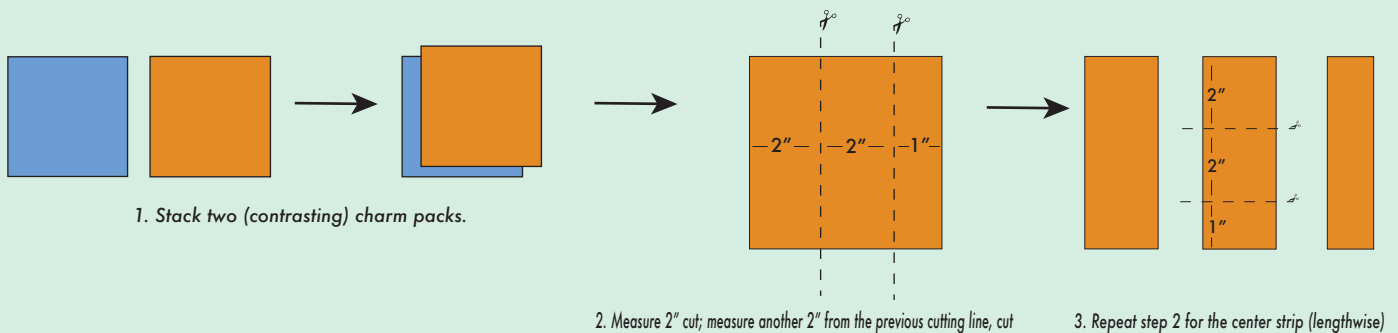
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Please watch the full video tutorial for detailed demonstration.

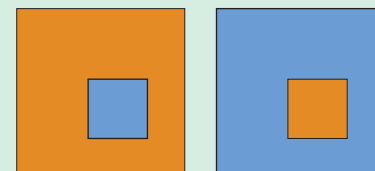
<https://youtu.be/jK-B-v71ZYw>

Making The Blocks

Referring to the below diagram and instructions, make in total of 40 square in a square blocks.



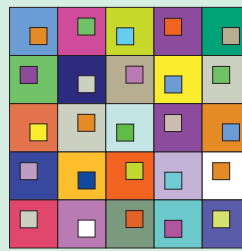
5. Sew starting from C, D, E, then A, and B (please refer to the video tutorial)



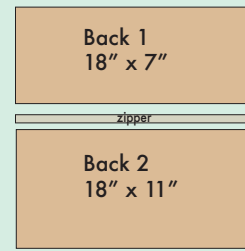
*your blocks should measure 4" x 4"

The Pillow

1. Randomly lay out 25 blocks in 5 rows and 5 columns
2. Sew the blocks together.
3. Layer with batting and backing fabric.
4. Quilt as desired.
5. Trim excess batting and backing fabric
(your front pillow piece should measure 18" x 18").
6. Finish the raw edges of the lower part of Back 1 and the upper part of Back 2 with zigzag stitch or serger.
7. Install the zipper following the video instruction.



Pillow Front layout



Pillow Back layout

Assembling the Pillow

Method 1 (with binding)

1. Lay the front and back pieces with the wrong sides facing each other.
2. Bind as desired.
3. Insert the pillow form.

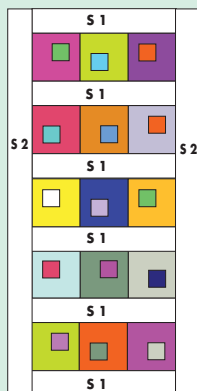
Method 2

1. Unzip the zipper (at least halfway).
2. Lay the front and back pieces with the right sides facing each other.
3. Secure with some sewing clips, then sew with 3/8" seam allowance.
4. Clip all the corners (do not cut through the stitches).
5. Finish the raw edges with zig zag stitch or serger.
6. Turn the pillow casing inside out.
7. Insert the pillow form.

Watch the full video Tutorial

<https://youtu.be/jK-B-v71ZYw>

The Table Runner



S 1 : 11" x 2.5" (cut 6x) from the background fabric
S 2 : 30" x 2.5" (cut 2x) from the background fabric

1. Referring to the above diagram, layout the remaining 15 blocks, S1, and S2 strips.
2. Sew each row of the blocks.
3. Sew S1 strips.
4. Sew S2 Strips.
5. Layer with batting and backing fabric.
6. Quilt and bind as desired.

Watch the full video Tutorial

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